

POSITION DESCRIPTION

Title:	Mental Health Clinician Housing and Homelessness Services Goulburn
Award:	Social, Community, Home Care and Disability Services Industry
Classification:	Community Services Worker Grade 5
Work location:	Goulburn
Usual hours of work:	Part-time 25 hours per fortnight

This is a Fixed-Term Part-Time appointment until June 30, 2027, with the possibility of extension(s) and/or permanency.

Position Objectives

To deliver evidence-based, trauma-informed psychological therapies to women and their children who have experienced domestic and family violence (DFV). The role supports recovery, safety, and emotional well-being for individuals and families experiencing housing instability and complex trauma.

Role Description

The Mental Health Clinician provides therapeutic services that are responsive to the diverse and individual needs of women, and their children, impacted by domestic and family violence. The role sits within a multidisciplinary trauma recovery service and works collaboratively alongside caseworkers, health professionals, and other practitioners to support holistic healing and long-term recovery.

Service delivery may include individual counselling, child-focused or attachment focused therapy, interventions, psychoeducation, and collaborative care planning. Service delivery and therapeutic practice is underpinned by trauma-informed care principles, strengths-based, culturally safe, and client-centred approaches.

Primary Responsibilities

- Provide evidence-based psychological interventions for women, and their children where applicable, who have experienced either or both domestic and family violence.
- Deliver trauma-informed counselling using modalities appropriate to complex trauma, grief, loss, and recovery.
- Conduct comprehensive biopsychosocial assessments and develop collaborative treatment plans aligned to client goals.
- Provide child-focused and/or mother–child interventions where appropriate.
- Deliver services through flexible modalities, including centre-based, outreach, and telehealth, as required.

- Work collaboratively within a multidisciplinary team including caseworkers, health professionals, and specialist DFV services.
- Apply trauma-informed, recovery-oriented, and strengths-based principles in all aspects of practice.
- Maintain a strong focus on safety, empowerment, choice, and emotional regulation for clients.
- Maintain accurate, timely, and professional clinical records in accordance with organisational, ethical, and legislative requirements.
- Comply with relevant clinical governance and regulatory authorities' guidelines and frameworks, privacy and confidentiality, and child protection legislation and guidelines.
- Complete comprehensive documentation in a timely and factual manner electronically via supplied client relationship system.
- Contribute to data collection, reporting, and service evaluations as required.
- Work in alignment with Anglicare's Values and Anglicare's Code of Conduct and Duty of Care policies and procedures.

Qualifications: Tertiary qualification in Psychology, Social Work, Counselling, or a related mental health discipline.
 Eligibility for membership with a relevant professional association
 Minimum 3+ years' experience in a similar role.

Key skills and experience

- Demonstrated experience providing trauma-informed, evidence-based counselling to women who have experienced domestic and family violence.
- Experience delivering therapeutic interventions to children and/or undertaking child-focused or dyadic (mother–child) work.
- Strong understanding of complex trauma, attachment, grief and loss, and the effects of DFV on mental health and wellbeing.
- Ability to undertake comprehensive psychosocial and risk assessments and develop collaborative, client-centred treatment plans.
- Proven capacity to work effectively within a multidisciplinary team and contribute to integrated, holistic care planning.
- Well-developed skills in building safe, trusting, and empowering therapeutic relationships with clients who may have experienced significant trauma.
- Demonstrated ability to manage high-risk situations, including responding to distress, safety concerns, and mandatory reporting obligations.
- Strong documentation, clinical record-keeping, and reporting skills aligned with ethical, legal, and organisational requirements.
- Cultural competence and commitment to inclusive, culturally safe practice with diverse communities.
- Ability to work flexibly, independently, and with professional resilience in a complex and emotionally demanding environment.

Key Knowledge areas

- Sound knowledge of domestic and family violence dynamics, including coercive control, power and control, and the gendered impacts of violence.

- Strong understanding of trauma and complex trauma, including neurobiological impacts, attachment trauma, and intergenerational trauma.
- Understanding of child development and the impact of trauma on children, including exposure to DFV and housing instability.
- Knowledge of and ability to identify child protection issues and understand legislation and reporting requirements.
- Knowledge of inter-generational trauma and its impact, especially on Aboriginal people, families and communities

Other requirements

- Current Working with Children's Check
- Current driver's licence

Reports to: Coordinator, Goulburn Homelessness Support Services