

Dietitian

position number	
status	Part Time, Fixed term (TP)
FTE	One day per month
network	Services
agreement	Psychologists, Dietitians, Audiologists and Pharmacists (Victorian Stand-Alone Community Health Services) Enterprise Agreement 2023-2026
classification	Grade 2
reports to	Operations Manager – Parkville Primary Health Service

about us	cohealth is a not-for-profit community health organisation. We provide health and support services in Melbourne's CBD, northern and western suburbs, and on the East Coast of Tasmania.
what we do	Our work aims to improve the health and wellbeing of our communities and address health and social inequality.
our organisation	cohealth is a community health organisation with an ambitious strategic plan. Our mission is to improve health and wellbeing for all and tackle inequality, in partnership with people and the communities they live in.
our people	People who work at cohealth are committed to designing and delivering high quality health care and promoting and protecting human rights.
diversity and inclusion	We want people of all ages, gender identities, sexualities, cultural backgrounds, and abilities to feel safe to bring their whole selves to cohealth. We are a Rainbow Tick Accredited organisation with over 20% of our staff from the LGBTQIA+ community. To find out more about us click here

network overview

Services Network

Our vision is for healthy communities and healthy people. We do this by providing care for individuals, community, and society, improving the health and wellbeing of the communities we serve, and addressing inequality in society.

We champion universal health care and human rights and strive for health and social equity. This is what we mean when we say care for all. Care for all is achieved when all people have access to the full range of health services they need, when and where they need them, and without financial hardship.

cohealth's services network delivers strong, people-centred primary and community health care that prioritises individuals and communities experiencing inequality. Our services focus not only on preventing and treating disease and illness, but also on helping to improve wellbeing and quality of life.

The services network comprises four divisions:

- Health promotion
- Primary and community care
- Mental health, homelessness, and family violence services
- Alcohol and other drug services

position overview and purpose

Parkville Youth Justice Precinct is a youth custodial facility that accommodates children and young people aged 10 to 21 years (up to 24 years depending on age of sentencing).

Parkville is the reception point for the Youth Justice custodial system and as such, all reception health assessments are undertaken at Parkville before some young men will be transferred to Cherry Creek Youth Justice Precinct. The primary health service at Parkville is a nurse-led model, with 24/7 on-site nursing coverage.

At Parkville, cohealth aims to deliver a quality, flexible, integrated, efficient service within the custodial environment to young people based on their health needs. This includes delivering primary health, allied health, dental and mental health services, and includes screening, assessing, triaging, and referring to secondary and tertiary health services based on clinical need. cohealth shares a vision for healthy children and young people in custody, supported by a health service responsive to their needs. cohealth's inclusive workplace culture enables staff to bring their whole selves to work, where uniqueness is valued, and people experience a feeling of belonging. Our aim is for everyone to thrive in their role.

The Dietitian will work within a multidisciplinary team and alongside medical and nursing teams to provide holistic, client centred and coordinated healthcare.

Drawing on the findings of the nutrition assessment and the care planning process, care is provided utilising appropriate evidenced based interventions. This includes a focus on educating and empowering clients to adopt self-management strategies to improve their health which is underpinned by health literacy principles.

Key accountabilities

direct care services	<ul style="list-style-type: none"> • Provide high quality Dietetics services to clients and groups of clients in accordance with agreed targets • Provide a high quality and flexible Dietetics service to clients from marginalised backgrounds • Provide a welcoming environment where the consumers are able to inquire and learn about a range of health-related matters and engage in self-management • Participate in multidisciplinary coordinated care activities to meet the needs of the target group • Refer, consult and liaise with staff within the organisation and other local agencies to ensure a holistic multi-disciplinary approach to health care provision • Develop, review and evaluate nutrition direct care and health promotion programs using a codesign approach • Incorporate health education into direct care contacts using health literacy principles • Perform other duties consistent with the aims and objectives of cohealth as directed by the program coordinator
health education & health promotion	<ul style="list-style-type: none"> • Liaise with the Prevention and Population Health Team as appropriate • Establish and maintain effective working relationships with stakeholders and regularly participate in team and organisational activities • Develop, implement and evaluation of group education model sessions that can be adapted and promoted throughout cohealth • regularly participate in team and organisational activities
quality improvement	<ul style="list-style-type: none"> • Ensure safety and maintenance of dietetics equipment and supplies • Adhere to infection control policy • Participate in professional development • Develop and lead organisational and discipline-specific Quality Improvement activities
administrative responsibilities	<ul style="list-style-type: none"> • Maintain and complete client files and statistical/program records in keeping with the organisation's policy and funding requirements
team & policy development	<ul style="list-style-type: none"> • Participate in multi-disciplinary team meetings and Dietetics team meetings

	<ul style="list-style-type: none"> • Develop and deliver appropriate health strategies and information for clients • Participate in the planning, development and evaluation of Nutrition and Multidisciplinary Team services • Professional conduct in the execution of all duties by regulating own behaviour and understanding organisational structure and culture. • Establish and maintain effective working relationships with stakeholders and regularly participate in team and organisational activities
culture and teamwork	<ul style="list-style-type: none"> • Champion cohealth's culture to promote teamwork, employee development and empowerment in order to foster a culture of high performance and a workforce which demonstrates behaviours consistent with cohealth's values
quality and continuous improvement	<ul style="list-style-type: none"> • Contribute to the principles of continuous improvement as contained in cohealth's quality system and ensure compliance with cohealth policies/procedures • Contribute to the implementation and improvement of the quality systems within cohealth, in particular the Services Network, and ensure compliance with documented procedures and processes
health & safety compliance	<ul style="list-style-type: none"> • Provide and maintain a working environment that, as far as reasonably practicable, is safe and without risks to the health, safety and wellbeing of all (employees, contractors, volunteers) • Maintain awareness of and compliance with health and safety policies and procedures to maintain a safe working environment • Take corrective action to remedy safety hazards or risks and restore a safe working environment

position requirements

- Tertiary qualification in dietetics
- Registered with Australian Health Practitioner Regulation Agency (AHPRA). Membership with Dietitians Australia and APD status
- Ability to work effectively across a multi-disciplinary service and with a wide range of diverse client groups, forming collaborative working relationships, as well as an ability to work independently
- Experience in developing, implementing and evaluating a range of preventative and community education / health promotion programs
- Sound decision making skills with a focus on identifying and understanding issues, problems and opportunities
- Ability to strengthen key agency partnerships
- Understand budget parameters and where possible present possible strategies for improvement
- Be conversant with computer systems and other technology relevant to the position
- Practices in a way that recognises all clients are at risk of misunderstanding health information
- Uses easy to understand language and appropriate visual aids, understanding that clients learn best when a limited number of new concepts are presented at any time
- Demonstrates effective use of a teach back or "show me" techniques for assessing patients' understanding
- Be client centred and use verbal/non-verbal active listening techniques that are social and culturally appropriate
- Working with Children's Check (WWCC)
- *Nationally Coordinated Criminal History Check (NCCHC)*
- Victorian Driver's License
- Immunisation Category A to be produced for sighting upon request
- DJCS compliance

key selection criteria

- Excellence in the delivery of community based and outreach dietetics services and demonstrated ability to work effectively across a multi-disciplinary service and with marginalised clients, including CALD groups
- Current registration with Dietitians Australia and APD status
- Demonstrated understanding and commitment to the principles of community health and chronic disease management
- Knowledge and skills in program planning, implementation and evaluation – particularly in the design, implementation and evaluation of groups

- Commitment to professional development and quality improvement
- Experience in supervision including the supervision of Dietitian students, grade 1 Dietitian and/or Allied Health Assistants
- Highly developed communication and interpersonal skills
- Demonstrated commitment to community participation and ongoing engagement with consumers
- Well-developed computer skills
- Strong belief and personal alignment in cohealth Values and Mission

cohealth is a child safe and equal opportunity employer that offers generous salary packaging and opportunity to undertake professional training and development opportunities. Aboriginal and Torres Strait Islander people, and those who speak languages other than English are encouraged to apply.

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