

## Psychologist

<b>position number</b>	iChris
<b>status</b>	Full Time, on-going (FT)
<b>FTE</b>	1.0 FTE
<b>network</b>	Services
<b>agreement</b>	Psychologists, Dietitians, Audiologists and Pharmacists (Victorian Stand-Alone Community Health Services) Enterprise Agreement 2023-2026
<b>classification</b>	PSYCHOLOGIST GR2 YR1
<b>reports to</b>	Manager Brimbank Mental Health and Wellbeing Local

<b>about us</b>	cohealth is a not-for-profit community health organisation. We provide health and support services in Melbourne's CBD, northern and western suburbs, and on the East Coast of Tasmania.
<b>what we do</b>	Our work aims to improve the health and wellbeing of our communities and address health and social inequality.
<b>our organisation</b>	cohealth is a community health organisation with an ambitious strategic plan. Our mission is to improve health and wellbeing for all and tackle inequality, in partnership with people and the communities they live in.
<b>our people</b>	People who work at cohealth are committed to designing and delivering high quality health care and promoting and protecting human rights.
<b>diversity and inclusion</b>	We want people of all ages, gender identities, sexualities, cultural backgrounds, and abilities to feel safe to bring their whole selves to cohealth. We are a Rainbow Tick Accredited organisation with over 20% of our staff from the LGBTQIA+ community. To find out more about us click <a href="#">here</a>

## network overview

### Services Network

Our vision is for healthy communities and healthy people. We do this by providing care for individuals, community, and society, improving the health and wellbeing of the communities we serve, and addressing inequality in society.

We champion universal health care and human rights and strive for health and social equity. This is what we mean when we say care for all. Care for all is achieved when all people have access to the full range of health services they need, when and where they need them, and without financial hardship.

cohealth's services network delivers strong, people-centred primary and community health care that prioritises individuals and communities experiencing inequality. Our services focus not only on preventing and treating disease and illness, but also on helping to improve wellbeing and quality of life.

## position overview and purpose

The Royal Commission into Victoria's Mental Health system revealed the inadequacies of the existing mental health system, including an over-reliance on hospital and crisis-based services. Following recommendations from the Royal Commission, the Victorian Government is establishing up to 60 Local Adult and Older Adult Mental Health and Wellbeing Services, with one of these to be operated by cohealth in partnership with Clarity Health Care and the University of Melbourne in the City of Brimbank. The Brimbank local service will act as a welcoming front door to the public mental health and wellbeing system providing easy to access, high quality treatment, care, and support to people aged 26 years and over experiencing mental illness or psychological distress whose needs cannot be met by primary and secondary mental health care providers alone.

It will be free and easy to access, with no referral required. It will offer the Brimbank community a flexible, user-focused service that is close to home and available when people need it. It will be for people with any form of mental ill-health, connecting them with expert practitioners and compassionate care. The project will be rolled out over two phases, the first commencing on October 1, 2022, with fully codesigned service planned for Phase 2. The establishment of the new service is strategically important for cohealth, enabling us to further demonstrate our position as an experienced mental health service provider, and a trusted partner to government.

This position will form part of the treatment team at the Brimbank Local Adult and Older Adult Mental Health and Wellbeing Service. The role will comprise some outreach in addition to services at the Brimbank site.

## key accountabilities

<b>service delivery</b>	<ul style="list-style-type: none"> <li>• Dedication to positive program outcomes measured by clear objective indicators</li> <li>• Work within a multidisciplinary team to deliver group and individual treatment at the Brimbank Local Adult and Older Adult Mental Health and Wellbeing Service</li> <li>• Provide psychological assessment and participate in coordinated care</li> <li>• Provide intake and walk in sessions</li> <li>• Participate in case review and contribute to team decisions about treatment plans and pathways as required</li> <li>• Complete referrals to external service providers where appropriate</li> <li>• Perform all other duties as directed, within the limits of skills, competence, and training to maximise flexibility and effectiveness</li> <li>• Liaise with partner organisations and other key stakeholders as required</li> </ul>
<b>culture and teamwork</b>	<ul style="list-style-type: none"> <li>• Champion cohealth's culture to promote teamwork, employee development and empowerment in order to foster a culture of high performance and a workforce which demonstrates behaviours consistent with cohealth's values</li> </ul>
<b>quality and continuous improvement</b>	<ul style="list-style-type: none"> <li>• Contribute to the principles of continuous improvement as contained in cohealth's quality system and ensure compliance with cohealth policies/procedures</li> <li>• Contribute to the implementation and improvement of the quality systems within cohealth, in particular the Services Network, and ensure compliance with documented procedures and processes</li> </ul>
<b>health &amp; safety compliance</b>	<ul style="list-style-type: none"> <li>• Provide and maintain a working environment that, as far as reasonably practicable, is safe and without risks to the health, safety and wellbeing of all (employees, contractors, volunteers).</li> <li>• Maintain awareness of and compliance with health and safety policies and procedures to maintain a safe working environment.</li> <li>• Take corrective action to remedy safety hazards or risks and restore a safe working environment</li> </ul>

## position requirements

- Full registration with the Australian Health Practitioner Regulation Agency (Psychology Board of Australia)
- At least two years of professional experience in a clinical setting as a psychologist
- Working with Children Check
- Nationally Coordinated Criminal History Check (NCCHC)
- Victorian Driver's License
- Immunisation Category A to be produced for sighting upon request

## key selection criteria

- Full registration with the Australian Health Practitioner Regulation Agency (Psychology Board of Australia)
- At least two years of professional experience in a clinical setting as a psychologist
- Experience in facilitating groups
- Demonstrated evidence of working effectively in a multi-disciplinary team
- Excellent communication skills with patients, their families, colleagues' partners, and stakeholders
- Understanding and experience working in a social determinants framework and in working with marginalised and disadvantaged communities
- Strong working knowledge and experience in using a range of evidenced based therapeutic interventions including CBT, DBT, Mindfulness, ACT
- Experience in working with culturally and linguistically diverse communities
- Working knowledge of trauma informed care frameworks
- Current registration with the Australian Health Practitioner Regulation Agency (Psychology Board of Australia)
- Ability to perform to a high standard within a multidisciplinary team
- Commitment to the principles of reform outlined in the Royal Commission into Mental Health
- Commitment to the principles of codesign and inclusion of lived experience workforce in service design and delivery
- Strong belief and personal alignment in cohealth Values and Mission

*cohealth is a child safe and equal opportunity employer that offers generous salary packaging and opportunity to undertake professional training and development opportunities. Aboriginal and Torres Strait Islander people, and those who speak languages other than English are encouraged to apply.*

**document No:**

**owner:**



review date:	
approved by:	